



Aracaria Biodynamic Farm

Aracaria Guides Publishing



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Attractive Display Stand for Guides



This attractive display stand is available free-of-charge with eight pockets of five Guides. It is protection coated, stable, space efficient and visually inviting. It displays the Guides to best advantage and keeps the stock in good order.

Recommended stock mix:

- 8 Growing related titles
- 8 Health related titles
- 8 Esoteric related titles
- Your choice (any combination)

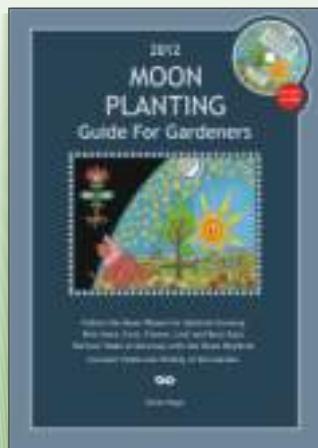
About Our Guides: Overview at a Glance

Aracaria Guides present a vibrant and unique series of eight page fold-out information charts. Each Guide deals with a popular subject and provides an easy to understand overview and a convenient reference point. In our times of over-information it can be hard to sort the important from the not so important. Our Guides concentrate on the essential and provide an ideal platform for further research.



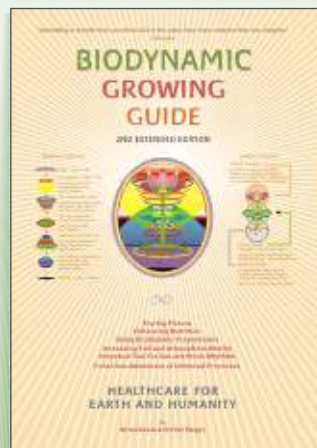
Folded format: 195mm wide, 276mm tall. Folded out: 780mm wide, 276mm tall. Printed on durable stock in full colour, protection coated both sides.





2012 Moon Planting Guide for Gardeners

This is the 6th edition of our popular Moon Planting Guide for Gardeners. Follow the Moon phases for optimal growing. Identify seed, fruit, flower, leaf and root days. Perform tasks in harmony with the Moon rhythms. Increase yields and vitality of your garden. Check each day what is best to plant or harvest. Moon planting enjoys phenomenal interest and this chart is an indispensable tool for every gardener. Includes FREE astronomy/astrology PC program CD Rom.



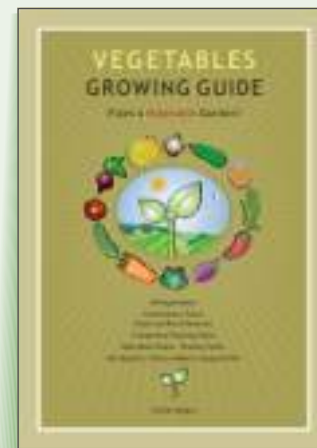
Biodynamic Growing Guide

Interest in biodynamic gardening and agriculture has never been greater. Many people want to know more about the mysterious preparations that bring vitality to the soil, how they are made and how they work. This Guide provides a comprehensive overview which includes practical as well as esoteric aspects. A spectacular, full-colour production. Second, expanded and revised edition.



Botanical Field Guide 5th edition

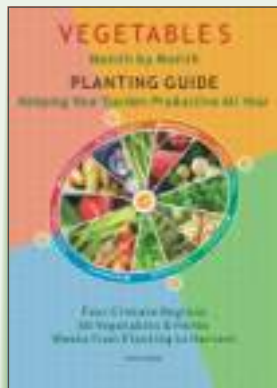
This popular Guide offers, in symbol and keyword format, a substantial overview of the plant world. Comprehensive and robust, it is a useful botanical companion wherever you live: city or country. Look for and check plant details, leaves, flowers. It is a perfect reference to classify, compare, and remember keywords for later research. An essential tool popular with students, gardeners and plant lovers. Now in its 5th edition.



Vegetables Growing Guide

An introduction to 68 delicious vegetables that can easily be grown to provide fresh and nutritious food from your home garden. See at a glance when to plant according to climate region, how to sow, germination time, row distance and time to pick (often just 8 weeks). There are sections on moon planting, companion planting, compost making and soil type. The layout is clear and easy to follow.

November 2011 Release



Vegetables Month by Month Planting Guide

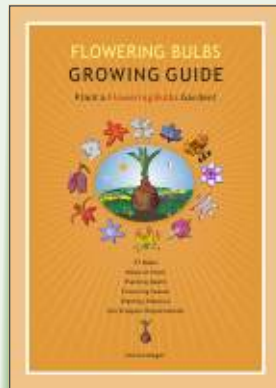
The greatest challenge for a gardener is to keep the garden productive all year round. This Guide will help substantially. For each month of the year seasonally suitable vegetables are suggested for planting in the four climate regions (cool, temperate, sub-tropical, tropical). Planting to harvesting times are provided allowing the gardener to achieve seamless planting and harvesting all year.

November 2011 Release



Microgreens Growing Guide

Microgreens are an innovative way to grow healthy and tasty food in your own home or apartment. Considered 'functional foods', microgreens differ from sprouts in that they are not just germinating seeds but actual photosynthesising plants that are allowed to develop 2-4 mature leaves. Both soil and hydroponic growing methods are presented with step-by-step illustrations. 28 microgreen seeds are discussed in detail.



Flowering Bulbs Growing Guide

Introduces 57 flowering bulbs. Most of them can be grown in your home garden. Knowing what to grow, where and when will make the garden more beautiful and enjoyable. All the important information about the bulbs is provided in a format that is easy to follow. You may be surprised at the spectacular range of bulbs that can grow in your own garden! There is a climate regions map and a list of bulb growing considerations.



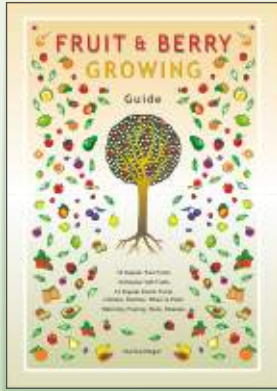
Flowers Growing Guide

Introduces 72 popular flowers that can be grown in your home garden. The important information is provided in a format suitable for gardeners of all levels of experience. Each plant is discussed in detail including climate zones. There is a picture of every flower. 10 useful considerations for flower gardens are also provided. This Guide is a handy companion throughout the year helping to keep the garden spectacular.



Herb & Medicinal Plants Growing Guide

72 popular herbs are profiled in this Guide. Almost all of them can be grown in your own home garden. Cultivating herbs is fun, provides healthy food and saves money. The important information is provided in a user friendly format that includes positioning, soil, medicinal properties, plant and row distances, uses, warnings, climate, soil and aspect requirements. Enjoy the outstanding nutritional values of herbs from your own garden.



Fruit and Berry Growing Guide

This Guide presents 10 tree fruits, 10 soft fruits and 16 exotic fruits in detail that includes climate, position, when to plant, how to plant, feeding, watering, pruning, pests and diseases to watch out for. There is information on soil, drainage, compost, mulch and soil pH as well as a regional climate map. Each plant is pictured and discussed in detail. An excellent overview of fruit and berry growing. Eight page fold-out format in full colour.



How Plants Grow

Here is a spectacular overview of nature's grand growing processes. Included are 'The Big Picture', photosynthesis, silica / lime / polarity, carbon dioxide cycle, day and night cycle, Sun, Earth, Moon orbits, soil life, food chain, water cycle, carbon cycle, chemical growing, organic growing, biodynamic growing, topsoil, soil layers. Many colourful illustrations and a lot of important information.



Orchid Growing Guide

With an estimated 25,000 different types existing naturally, the orchid family is the largest and one of the most diverse in the world. Orchids are the most popular house flower and are treasured as very special plants. This Guide provides a welcome overview including orchid anatomy, light, humidity, air requirements, fertilising, watering, pests and diseases. 20 popular orchids are introduced in detail.



Plant Propagating Guide

Propagating plants does not have to be a mystery. This Guide presents the 34 most commonly employed propagating methods. Each method is illustrated and described in easy-to-follow detail. The best propagating methods for garden trees, perennials, bulbous plants, shrubs and climbing plants, cacti and succulents, roses, orchids, bromeliads, grasses and water plants are given. In full colour, protection coated.



Seed Collecting Guide

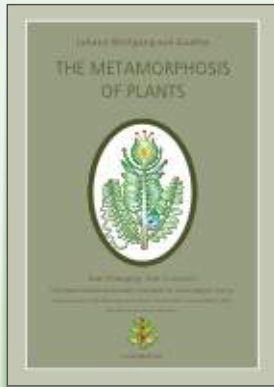
Collecting and saving seeds is an important part of the gardener's year. It has been practised for thousands of years. Seeds that gardeners produce from their own crops are accustomed to the climate and local soil and are likely to be more resilient to pests. This Guide offers an overview and instructions on how to collect and save the seeds of 56 vegetables and herbs. There are sections on botany and collecting methods.

November 2011 Release



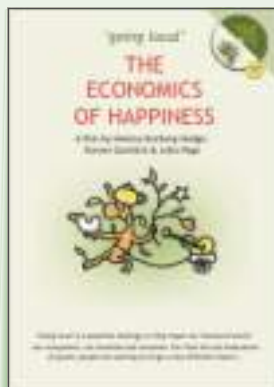
Elements of Nature Good Compost Making Gardener's Know How

Elements of Nature: Soil resources and horizons, dynamic growth, the water cycle, the carbon cycle.
Good Compost Making: step-by-step compost making, biodynamic compost and biodynamic preparations.
Gardener's Know How: Soil structure, Moon planting, companion planting, ten most important aspects of gardening. A very useful reference for all gardeners.



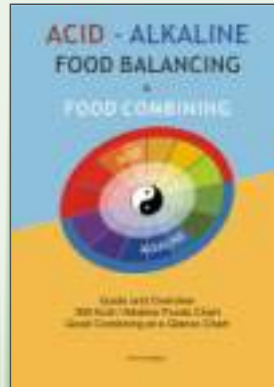
Metamorphosis of Plants

Considered one of Goethe's best known and most famous scientific works. In 123 short paragraphs the great German poet, philosopher and scientist accompanies the plant through all its outward transformations, from the development of a seed to its reformation into a seed. *'Nature is forever changing and in her nothing is standing still a single moment.'* Unabridged text with illustrations.



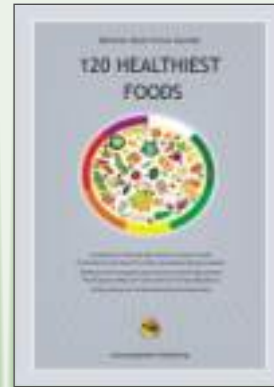
The Economics of Happiness

Stunning footage and thought-provoking commentary from thinkers and activists on every continent. From the makers of the award-winning documentary *Ancient Futures: Learning from Ladakh*, comes a film about the most important issues of our time. *The Economics of Happiness* shows that these trends can be reversed. This Guide presents a transcript of the documentary and introduces the many famous contributors. A DVD of the 67 minute film is included.



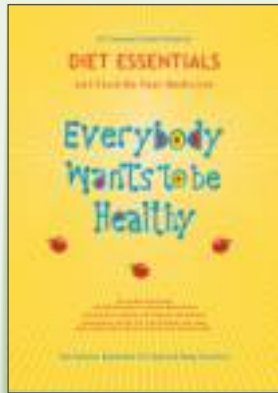
Acid - Alkaline Food Balancing and Food Combining

A useful and convenient overview of the important acid / alkaline food balance. A four page table sets out 380 of the most common foods and their respective alkaline/acid producing capacities. This chart will assist in selecting balanced foods at a glance. There is a detailed explanation of the pH scale. In addition there is a food combining chart and table. This Guide belongs in every kitchen where it can be readily consulted.



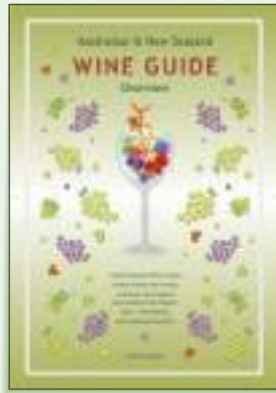
120 Healthiest Foods

Use this Guide to find instantly the nutrients in food. Look up the food that provides the daily requirement for the 29 nutrients that are graphically presented. This is an easy way to establish perfect food balance. An easy to follow and essential kitchen companion. The list is compiled from authoritative sources and the selection of foods focuses on those that are readily available, natural, unprocessed and inexpensive.



Diet Essentials

This Guide presents the most user-friendly and complete information on all aspects of nutrition. Carbohydrates (good & bad), proteins (complete / incomplete), fats (saturated / unsaturated), food chemicals, sugar, salt, sodium, water, fibre (insoluble / soluble), bacteria, the six main food groups, the glycaemic index (GI), micro/macro nutrients, vitamins as well as a map of body/organ interaction is provided.



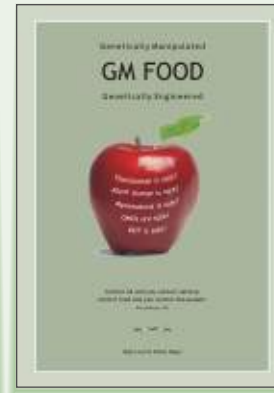
Australian & New Zealand Wine Guide

There are 75 official wine growing regions in Australia and New Zealand. This Guide presents each region in detail that includes rainfall, harvest times, temperature, climate conditions, soil, altitude and general information. This information helps with wine selection and appreciation. 10 red grape varieties and 10 green grape varieties are discussed in detail. In addition there is a section on food and wine pairing.



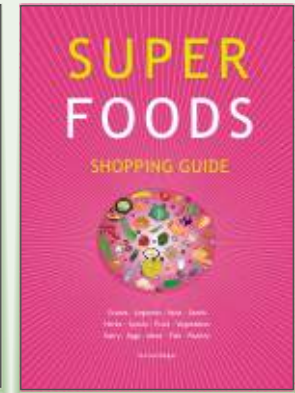
Vitamins Homeopathy Bach Flower Remedies

Vitamins at a Glance: a detailed overview of all the vitamins including names, solubility, recommended daily allowance, cautions, signs of deficiency and best natural sources. *Homeopathy Remedies:* the 36 most common homeopathic remedies in detail. *Bach Flower Remedies:* 38 Bach essences in detail including botanical name, use, Dr Bach's quotations and key aspects of each remedy.



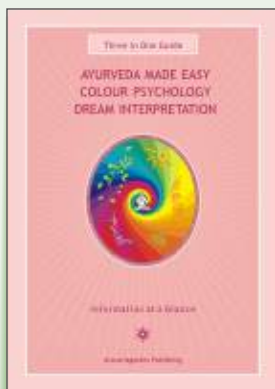
GM Food

Genetically modified organisms have the potential to compromise the global food supply and contaminate the environment. There are troublesome ethical issues and questions about the nutritional quality of GM food. The implications of GM food affect all of us and it is important to understand what is at stake. Here is a comprehensive overview that makes this important issue clear and comprehensible.



Super Foods Shopping Guide

Super foods are foods with exceptional nutritional values and profound health benefits. It is not hard to incorporate these important food sources into the every-day diet with the help of our Super Foods Shopping Guide. Over 120 foods are presented, each with a nutritional composition break-down and a list of health benefits. The foods are categorised into fruits, vegetables, herbs, meat/fish, cereals/legumes and dairy.



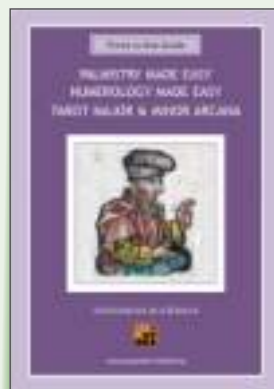
Ayurveda Colour Psychology Dream Interpretation

Ayurveda Made Easy: the three doshas, characteristics of each dosha, associated health problems, dosha related diet. *Colour Psychology:* symbolism of colour, positive and negative associations, colour use in space, gemstone association. *Dream Interpretation:* stages of the sleeping cycle, types of dreams, interpretation of dreams, symbols and their meanings. The Guide presents a significant overview in full colour.



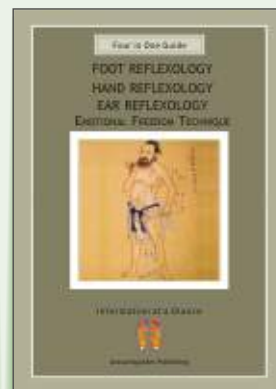
Essential Oils Top 30 Oils Aromatherapy Garden

Practical Uses of Essential Oils: carrier oils, best cleaning oils, oils for emotional conditions, best repellents for home, pets and garden. *Aromatherapy Top 30:* top 30 essential oils, extraction methods, blending suggestions, therapeutic uses, common uses and warnings. *Aromatherapy Garden:* How to grow an aromatic garden, what to plant, where to plant. Blending and extracting. A great reference Guide in full colour with many illustrations.



Palmistry Numerology Tarot

Palmistry Made Easy: Follow the many illustrations and read your own palm and the palms of your friends. *Numerology Made Easy:* Explore this ancient subject. Includes: Aspects, essences, compatibility, planets, lucky days, Life Path number, Master Number. *Tarot:* Major and Minor Arcana with interpretations of the tarot cards. Fully illustrated. A useful and enjoyable quick reference.



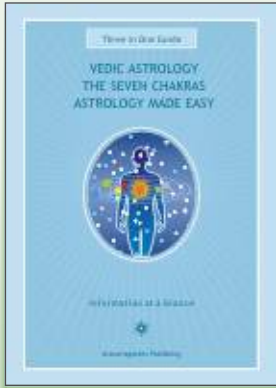
Foot, Hand, Ear Reflexology EFT

Hand and Foot Reflexology: Detailed charts for hands and feet. *Ear Reflexology:* Ear reflexology is effective in the treatment of many common complaints as well as troublesome emotional states. *Emotional Freedom Technique:* This alternative psychotherapy manipulates the body's energy field by tapping on acupuncture points while focusing on specific thoughts.



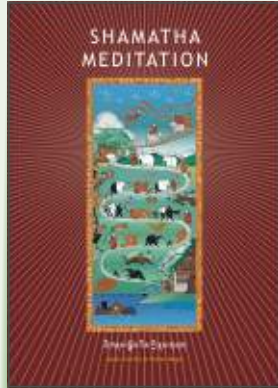
Feng Shui Chinese Astrology Chinese Face Reading

Practical Feng Shui: Includes information about kua number, group directions, element cycles and the bagua. Many illustrations and easy to follow. *Chinese Astrology:* Find out about your Chinese birth sign and your auspicious dates. *Chinese Face Reading:* A fascinating ancient subject, explained here in easily understandable terms with many illustrations.



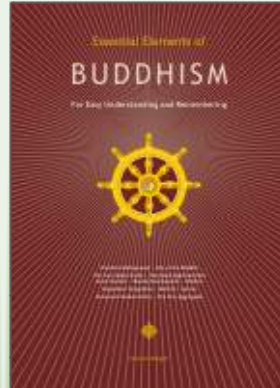
Vedic Astrology
The Seven Chakras
Astrology Made Easy

Vedic Astrology:
The navagrahas and the nine planets, the 27 lunar mansions, the three langa birth chart, ruling planets, 12 houses.
The Seven Chakras:
Location, body links, the rainbow theory, detailed explanation, mantra, principle, element, harmony, spin direction.
Astrology Made Easy:
explanation of the 12 zodiac signs, principal qualities, positive and negative explanations.



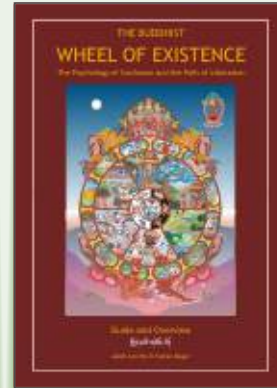
Buddhist Shamatha
Meditation

The Buddhist practitioner gradually cultivates the experience of insight through relinquishing ignorance. This process is founded on the practice of shamatha, or calm abiding. This Guide presents a traditional Buddhist illustration that provides an overview of the elements that are involved in the path of meditation. Text by Jakob Leschly, illustration by Stefan Mager. This Guide is a useful tool for meditation practitioners.



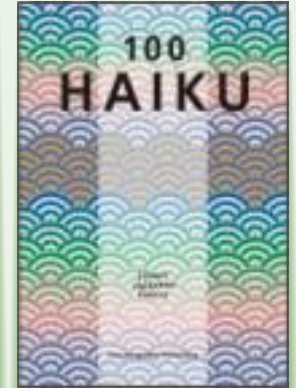
Essential Elements of
Buddhism

Understanding the Buddhist fundamental principles and remembering them can be a challenge. This Guide, based on the lectures of Buddhist scholar Dr Peter Della Santina, presents a clear and comprehensible overview of the foundations of Buddhism that include a historical background, a Buddha biography, explanations of the Four Noble Truths, the Noble Eightfold Path, karma, rebirth, dependent origination and the universal characteristics.



Buddhist Wheel
of Existence

The Wheel of Existence is an ancient Buddhist teaching device that illustrates the realm of confusion, its causes, conditions and mechanism. It is said to have been created according to the instructions of the Buddha himself and is traditionally painted outside Buddhist temples. This eight page fold out version of The Wheel explains the many images and their relationships. Text by Jakob Leschly, illustration by Stefan Mager.



100 Haiku
Classic Japanese Poetry

Haiku is a form of Japanese poetry traditionally invoking an aspect of nature or the seasons. This Guide presents 100 haiku poems by the foremost Japanese masters. Each poem is set against a colourful, traditional background design. Poets include Basho, Taigi, Issa, Shiki, Onitsura, Chiyo-ni, Buson, Kokushi and Kikaku. This is a spectacular production in full colour which serves as an inspirational reference.

Aromatherapy Nit-Mist



Contains lemon myrtle, tea tree, lavender and aloe vera. Helps to battle the nit problem.

Anti-Scratch Dog Spray



Contains biodynamic, lemon myrtle and aloe vera. Effective as an anti-scratching agent for dogs.

Biodynamic Aftershave



Easy to use for protection, also very for skin care and lemon myrtle as an antiseptic.

iPad Screen Cleaner



Strongly nature own high-tech. Makes cleaning the touchscreen a pleasure.

Eye Glasses Cleaner



Simply the best cleaner for glasses in the world! Leaves no streaks and smells great!

Bug Out! Spray



Geriatric Laurel has been associated with anti-insect measures for centuries. A convenient spray.

Lingerie Drawer Spray



Lavender for protection and scent, rose scented tea tree for extra strength.

Keyboard Cleaner



Keyboards can be rejuvenated and degreasing. Lemon myrtle and camphor laurel clean and protect.

Bay Laurel Energy Spray



The fresh fragrance of bay laurel brings energy and renewed energy.

Aloe Vera Skin Protector



A convenient and effective way to benefit from aloe vera.

Lemon Myrtle Room Spray



Lemon myrtle disinfects and freshens naturally.

Olive Leaf Spray



The beneficial properties of olive leaf can be enjoyed with this very special spray.

Yarrow Relaxation Spray



The beneficial properties of yarrow are well documented. This spray helps to relax.

Lavender Floral Water



A classic fragrant spray for natural perfume and refreshing uses.

Rose Tea Tree Perfume



One of the most beautiful, subtle fragrances for Australian bush products.



Each 100ml amber bottle comes with a diffuser and is individually boxed.

About Hydrosols

Herbal distillates are aqueous solutions of essential oils obtained by steam distillation from aromatic plants. These distillates contain essential oil compounds as well as organic acids. Compounds with a higher vaporisation point will remain behind and will include many of the water soluble plant pigments and flavonoids. Botanical hydrosols have uses as flavourings and in skin care. They are also called floral water, herbal water or essential water. Herbal distillates are produced in the same way as essential oils. However, the essential oil will float to the top of the distillate where it is removed, leaving behind the watery distillate which is valued as an important commodity as this substance still contains essential oils in a skin friendly dilution. Hydrosols are widely used in cosmetics and toiletries. A pH between 5-6 makes them suitable for use as facial toners.



Biodynamic
Tea For Life

This tea contains a blend of biodynamically grown ginger, roselle, lemongrass, lemon scented tea tree, lemon verbena, lemon myrtle, nettle, citrus rind and paw paw leaves. The plants have been grown according to the rhythms of nature and hand-picked at optimum maturity. A popular infusions tea that refreshes and energises. Each box contains 15 convenient tea bags. Each bag contains milled botanicals sufficient for a large tea pot.



Biodynamic Lemon
Myrtle Tea

Lemon Myrtle (*Backhousia citriodora*) is the world's richest known natural source of citral (90-98%). Laboratory research has shown the essential oils contained in this plant to be anti-fungal, antioxidant, caffeine free and non-acidic. We pick the leaves according to Moon rhythms, dry them in our drying shed and then chop the leaves. A refreshing tea, highly aromatic reminiscent of lime, lemon and especially nice with a spoonful of honey. Each box contains 35g of dried lemon myrtle leaf.



Biodynamic Rose Scented
Tea Tree with
Organic Black Tea

Rose Tipped Tea Tree Tea is derived from an exceedingly rare plant that belongs to the tea tree family (*Leptospermum petersonii*). The fragrance is exceptionally sweet and rose-like. The dried leaves offer a pleasant aroma that makes for a refreshing, invigorating cup of tea. We pick, dry and mill the leaves according to moon rhythms. You can add lime juice and honey to this tea. Each 50g box contains rose tipped tea tree leaf blended with organic black tea.



Biodynamic Roselle
with
Organic Black Tea

Roselle (*Hibiscus sabdariffa*) is a species of the Hibiscus family. Roselle contains 15-30% organic acids, including citric acid, maleic acid, and tartaric acid. It also contains acidic polysaccharides and flavonoid glycosides, such as cyanidin and delphinidin, that give it its characteristic deep red colour. After flowering, the red calyces of the plant are separated from the seed pod and dried. The cranberry-like flavour of Roselle blends perfectly with organic black tea. Contains roselle calyx and organic black tea (50g).



Biodynamic Olive Leaf
with
Organic Black Tea

Olive Leaves make a very enjoyable and health giving herbal tea. The flavour is similar to mild green tea, slightly sweeter. Research has shown olive leaves to have an antioxidant capacity almost double that of green tea. Look on the internet for information about the outstanding properties. The olive leaves are grown on our farm, picked, dried and blended with organic black tea. The unusual olive leaf flavour combines perfectly with the full aroma of organic black tea. 50g pack.



Biodynamic Lemon Verbena with Organic Black Tea

Lemon Verbena (*Aloysia citrodora*) is a species of flowering plant in the verbena family. Lemon verbena can help to fight fever, cramps and is reputed to be effective against asthma, colds, upset stomach and other digestive maladies. Blended with organic black tea it makes an extremely aromatic drink that is refreshing and soothing. Our lemon verbena (also popularly known as Vervain) is grown biodynamically, dried and processed according to moon rhythms. Box contains lemon verbena leaf blended with organic black tea (50g).



Biodynamic Raspberry Leaf with Organic Black Tea

The leaves of the raspberry (*Rubus idaeus*) have been used as a medicinal herb for centuries. Benefits are often associated with pregnancy, childbirth and breast-feeding. It is suggested that raspberry leaf tea, taken regularly, can help ease the symptoms of morning sickness. The leaves are rich in iron, manganese and magnesium and contain vitamins B1, B3 and E. More information on raspberry leaf can be found on the internet. Our dried and milled raspberry leaf is blended with organic black tea. (50g)



Biodynamic Stinging Nettle with Organic Black Tea

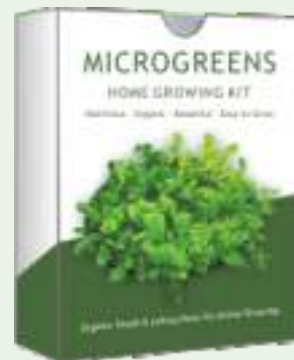
Stinging nettle is a perennial member of the nettle family. Nettle leaf has a long tradition in folk medicine as an effective diuretic, astringent and blood health promoter. It is often associated with stimulating blood circulation and the treatment of acne and eczema. The plant is high in potassium, lectins (class of proteins) and complex sugars. Studies indicate that nettle leaves have significant antioxidant properties. Our dried nettle leaves are blended with organic black tea. (50g total weight)



This attractive display stand is supplied on request with units of six teas.

October 2011 Release

Grow Your Own Microgreens Kit



Three seed combinations are available.

Microgreens are a new way of producing food. Coined a 'functional food', home-grown microgreens combine superior nutritional values with beauty and the pride of nurturing your own healthy greens. They contain high levels of minerals, vitamins, taste and flavour. Best of all, microgreens are easy to grow, inexpensive, convenient and fun. Follow the instructions in this pack and within weeks you will benefit from this great gift of nature. Kit contains 2 varieties of organic seeds, plant markers and illustrated instructions.



12 Aroma Soft Soap

100g cake
individually boxed

Contains essential oils of patchouli, orange, lavender, cedarwood, sandalwood, ylang ylang, bergamot, nutmeg, clover, olibanum as well as tolu balsam and benzoin. For extra softness the certified organic oils of sweet almond, evening primrose, avocado and jojoba have been added.



Aloe Vera Soft Soap

100g cake
individually boxed

The aloe vera used is grown on our farm. Leaves are distilled and the distillate added to the soap. A very soft and pleasurable soap, especially suitable for sensitive skin. For extra softness the soap contains the certified organic oils of sweet almond, evening primrose, avocado and jojoba.



Lavender Soft Soap

100g cake
individually boxed

Contains lavender grown on Aracaria. Dried and milled flowers and leaves are added to the soap. An exceptionally soft, high quality soap, very suitable for sensitive skin. For extra softness the soap contains the certified organic oils of sweet almond, evening primrose, avocado and jojoba.



Lemon Myrtle Soft Soap

100g cake
individually boxed

Lemon myrtle has many valuable properties that are very suitable for a soap. We distill our lemon myrtle leaves and add the herbal distillate to the soap resulting in a gentle soft soap with all the benefits of lemon myrtle. With the certified organic oils of sweet almond, evening primrose, avocado and jojoba.



Olive Leaf Soft Soap

100g cake
individually boxed

This soap contains biodynamic olive leaves grown on our farm. The beneficial properties of olive leaf are well known and this premium soap makes them directly available. For extra softness the soap contains the certified organic oils of sweet almond, evening primrose, avocado and jojoba.



Red Clover Soft Soap

100g cake
individually boxed

Red Clover is valued for many medicinal properties. We grow red clover on our farm, pick and dry the flowers. The milled flowers are added to this very special soap. For extra softness the soap contains the certified organic oils of sweet almond, evening primrose, avocado and jojoba.



Lotus Seed Soft Soap
100g cake individually boxed

Every year our lotus lake provides an incredible spectacle of lotus flowers. After flowering, we collect, dry and mill the seeds and add them to this exquisite soap. For extra softness the soap contains the certified organic oils of sweet almond, evening primrose, avocado and jojoba.



NEW
Chamomile Soft Soap
100g cake individually boxed

Chamomile is universally loved and respected for its soothing, relaxing properties. Grown, collected and dried on our farm. Chamomile botanicals are added to this gentle soap. Especially suitable for sensitive skin. With certified organic oils of sweet almond, evening primrose, avocado and jojoba.



NEW
Holy Basil (Tulsi) Soft Soap
100g cake individually boxed

Holy Basil (Tulsi) plays an important role in ayurvedic medicine. It is known as "The Incomparable One", "The Mother Medicine of Nature", and "The Queen of Herbs". This soap contains tulsi grown in our farm. With the certified organic oils of sweet almond, evening primrose, avocado and jojoba.



Display stand for 18 assorted soaps.



Display of 12 soaps of one kind.



Lighthouse Soap presents another option suitable for regional markets, as the case of the Byron Bay soap shown here. A display contains an assortment of soap types. A very popular product. We can create and manufacture designs specific to your area or attraction. Minimum quantities are surprisingly low. Please contact us for more details.

NEW
Lighthouse Soap





The Famous Biodynamic Preparation 500

Preparation 500 is made from cow manure that has been buried in cow horns during the cooler months of the year. It enlivens soil by improving soil structure and micro-biological activity and promotes humus formation and water holding capacity. Our manure comes from our own lactating cows and the horns have been buried on Aracaria. The pack contains pure 500 embedded in biodynamic Cow Pat Pit (CPP) compost. The CPP

contains the biodynamic preparations 502, 503, 504, 505, 506 and 507 as well as crushed eggshells and basalt dust. CPP further enhances soil microbiology. Divide the preparations into 4 equal parts and follow the application instructions provided.

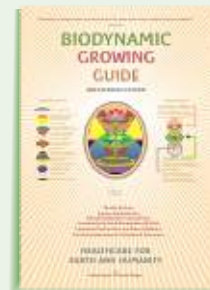
Each part is enough for 1 application. Your garden will have a biodynamic feast for the full year. Keep the 500 in its special packaging in a cool, dark, dry place.



Biodynamic Growing Guide

This 8-page fold-out Guide provides a perfect introduction to the principles of biodynamic growing. All the important aspects, practical and esoteric, are presented. Preparations 500 - 507 are introduced as well as biodynamic peppers, the silica / clay / lime association, the nutrient cycle and Nature's Kingdoms are covered. With many illustrations. Colourful and interesting.

Biodynamic Growing Guide inside view



Compost Making Chart

This double sided chart explains in detail how to construct a compost pile for a home garden. It explains the six biodynamic preparations that can be added to the compost. The chart is protection sealed and an excellent reference for gardeners who want to boost fertility and productivity in their vegetable garden. Full colour.

